ACTIVITY BOOK FOR KIDS

HELPFUL INFORMATION AND COLORING PAGES TO TEACH CHILDREN ABOUT CORONAVIRUS

HCA Healthcare®
You may have questions about the Coronavirus. We're here to answer your questions and give you some ideas of how to stay safe.
You may have heard about the coronavirus. It’s a germ that can make people feel sick.

It’s kind of like the flu. Some people just feel a little sick, and other people may feel a lot worse.

Sometimes it can make it hard for people to breathe easily.
HOW DOES THE CORONAVIRUS SPREAD?

The coronavirus spreads like the flu. If someone with the coronavirus sneezes or coughs, germs inside of their body go into the air.

In the air, those germs can travel up to 6 feet.

The germs may land on people or the things around them.

HERE ARE SOME HELPFUL IDEAS TO STAY SAFE.
#1 Sneeze and cough into your elbow.
#2 Wash your hands often while you sing a fun song.
Try to keep your hands out of your mouth, eyes and nose.
In public, stay 6 feet away from others.

#4
#5 IN PUBLIC, WEAR A MASK
#6 Talk about how you're feeling

Today, I feel
#7 Ask any questions you have

Questions?
It's safe to tell your doctor how you're feeling. List other adults you trust.

#8 If you don't feel well, tell an adult you trust.
We are here to keep you safe and secure, and to create healthier tomorrows.